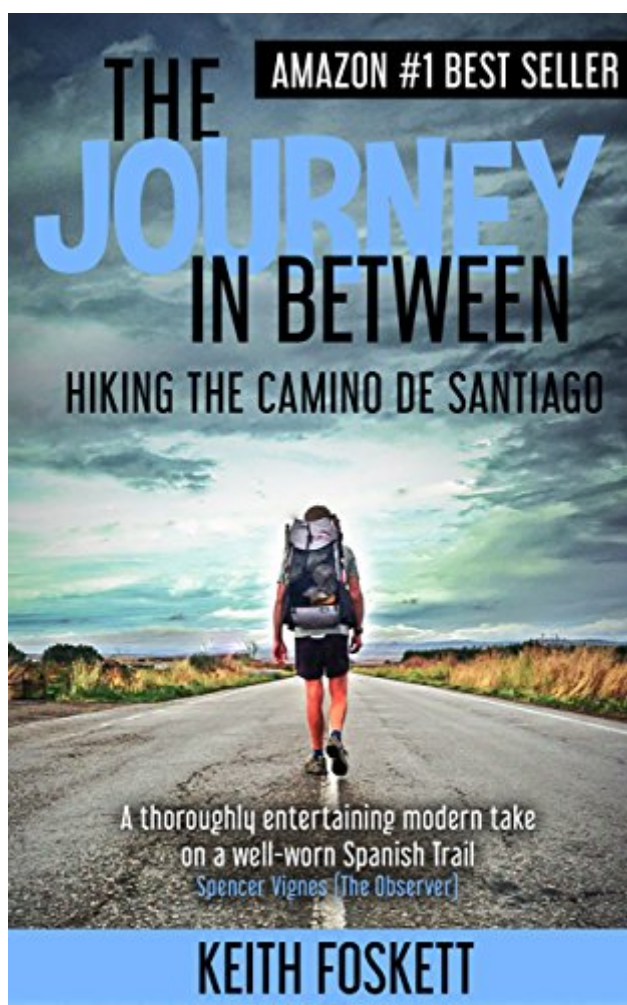


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# The Journey In Between: A Thru-Hiking Adventure On El Camino De Santiago



## Synopsis

A #1 Best-Seller with thousands of downloads. The first book from Keith Foskett. El Camino de Santiago, also known as The Way, is the fabled path that weaves through French and Spanish countryside for 1,000 miles to its hallowed destination at Santiago de Compostella. Thousands attempt to walk its entirety each year: some succeed, many fail. Keith Foskett thru-hiked the Camino to indulge his love for the outdoors and hiking but it also, unintentionally, filled a void in his life which took him in a completely different direction. Along the way he made friends with fellow pilgrims from all over the world, all travelling for their own different reasons. He was assailed by new experiences and unexpected discoveries - from the pain of blisters and extremes of temperature to encountering kleptomaniacs, fake faith healers and being threatened with arrest in Spain for 'not sleeping'. This is the story of one man's walk, but it speaks to all who see life itself as a journey and are alive to the revelations that an escape to nature can bring. Written with insight, observation and a healthy dose of humour. As this book shows, it is rarely the start and the finish that count, but the journey in between. 'A thoroughly entertaining modern take on a well worn Spanish Trail.' - Spencer Vignes (The Observer). 'Not only does he have astute observations about the people, places and scenery around him, he is adept at translating those observations into words, often making me laugh or nod in understanding. This is a rare talent. Few authors can bring you to this level of understanding of life on the trail.' - Teresa Dicentra Black (Author - 'One Pan Wonders') 'An engaging, vivid and very personal account by a likeable author of a journey and an achievement that readers will find both enviable and inspiring.' - Ingrid Cranfield (Author - 'At Last Michael Reeves')

## Book Information

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## Customer Reviews

I have read all three of Keith's books - which I found interesting, but not as compelling as I would have liked. There are some really good parts, some really nice stories, and some interesting anecdotes. But I don't think there were any parts where I laughed out loud, immediately had to read/share something with someone nearby, re-read a chapter because I enjoyed it so much, or set down the book and thought "wow, I had never thought of that before." While it was a pleasant journey, there weren't many times where I said to myself "wow! I wish I had been there."

Author Keith Foskett does a good job of painting what he sees as he walks along the famed El Camino de Santiago, and he does it with a good deal of humor and insight, making the journey an enjoyable one for the reader. As my made-up subtitle would indicate, there is a great deal of the book that deals with the condition of one's feet, the search for food, and the need to finish the entire walk ... but if one were to think about it, paying special attention to these things would be crucial, if one plans on successfully completing this lengthy hike. Not the page-turner I had expected, but a decent account (4 1/2 Stars) of one man's journey along this oft-written-about pilgrimage.

Really loved this book. I was always interested in the ongoing adventure as it unfolded each day, and the people Fozzie met. It flew in the face of the common writing advice that there must be conflict on every page in order to hold the audience's attention. Sure, it was an overall endurance challenge, but Fozzie's journey was a pleasant escape from everyday life in society, and a welcome break from dark, tension-filled fiction. I highly recommend it to anyone who wants to imagine the only thing they have to do when they get up this morning is keep hiking. I'm reading the rest of his books now.

All of this author's books have been great to read, but this one may be my favorite of his. It's not just another technical story of hiking somewhere, but deals with the inner thoughts and the spirituality of hike. The author and I disagree on several issues about life, but I deeply respect his opinions. Even

though the author claims to not be religious but as an ordained minister myself I actually have quoted him in several sermons. Keith really does a great job of sharing his feelings along the path instead of just his adventure. One of the few books in this genre that really inspires me to plan my next adventure!

This book is a wonderful 'histoire' of one man's journey along le chemin du St Jacques de Compostelle/El Camino de St Iago de Compostella in that he made the journey as a person and emerged as a pilgrim. Unlike other accounts of The Way, Fozzie began his journey as a hiker-one who liked to walk- and discovered himself along the way, realizing its not the destination but the journey. Other reviewers have insinuated that the book is a travelogue of sexual conquest along the chemin, but this is not true. (And whether or not Fozzie score often is not discussed in this book). I enjoyed this book because the author engages the reader in his quest to walk 1700+km from Le Puy France to Compostella Spain with a 'less than Holy' intention. He just likes to walk. His no-nonsense style of writing reflects a journey he never expected, without adding the mystical fluff other pilgrims have oozed over. What he discovered was more than just a long hike. I give 2 thumbs up for this memoirs!

I knew from very near the start after reading the passage "If it works, then I have no questions - the simpler the better" that I'd get along just fine with this author and I did immensely enjoy the book as a result. Author's style came across very naturally and felt like I was hiking along beside him as he described what he was experiencing without having to resort to anything all that foul. A beautiful journey ( as evidenced by the photos I uncovered on the internet later) though were I ever a mind to take a similar trip I'd be a might worried about injury to one's feet as personally recounted by the author in his book. Bottom-line, Superb!

The Journey in Between is the third book that I have read by Keith Foskett, I really ripped through the book at about the pace that Keith hikes. I forced myself to slow down on the final chapters much like the pilgrims who want to slow down and savor the experience. I especially enjoyed reading about the relationships formed along the trail. I will begin Kent's book on the Pacific Crest Trail this evening.

This book was well written and had good editing, grammar, etc. I cannot hike anymore, but enjoy reading about other people doing long hikes. I have read many books on this topic. This book was,

for the most part, enjoyable. I like hearing about experiences on and off the trail. The problem with this book, starting about in the middle, and especially at the end was he spent too much time describing the refuges and other places to stay in the nights. Not enough on his own hike, sights, walking the trail, etc. Also, too much on interactions in the evenings with other people. I will be reading his book on hiking the PCT next. Hope that part of his writing the book has improved. There are not many real towns or places to stay on the PCT.

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